



Fall Season 2019

May 13 th -	Registration Begins
August 24 th -	<i>Meet the Coach Day</i> at Dynamo Indoor Sports Complex: U9s 2:00 pm U7s/U8s 3:30pm
August 26 th & 30 th -	Training Sessions
August 31 st -	Labor Day Weekend: NO GAMES
September 2 nd -	No Practice (Labor Day Holiday)
September 6 th -	Training Session
September 8 th -	Dicks Sporting Goods Appreciation Day (Virginia Center Commons location)
September 9 th & 13 th -	Training Sessions
September 14 th -	Game Day: Schedules at www.Dynamoindoor.com
September 16 th & 20 th -	Training Sessions
September 21 st -	Game Day: Schedules at www.Dynamoindoor.com
September 23 rd & 27 th -	Training Sessions
September 28 th -	Game Day: Schedules at www.Dynamoindoor.com
September 30 th & October 4 th -	Training Sessions
October 5 th -	Game Day: Schedules at www.Dynamoindoor.com
October 7 th -	Training Session
October 11 th & 12 -	No Friday Training and NO GAMES: Columbus Day weekend
October 14 th & 18 th -	Training Sessions
October 19 th -	Game Day: Schedules at www.Dynamoindoor.com - Sponsor Appreciation
October 21 st & 25 th -	Training Sessions
October 26 th -	Game Day: Schedules at www.Dynamoindoor.com
October 28 th & November 1st -	Training Sessions
November 2nd -	Game Day: Schedules at www.Dynamoindoor.com
November 3 rd -	U7/U8 Team Parties at Roma Italian (Schedule TBD)
November 4 th & 8 th -	Training Sessions
November 9 th -	Game Day for U7's and U'8s: Schedules at www.Dynamoindoor.com
November 9 th & 10 th -	U9 Tournament: Capitol Fall Classic (Schedule TBD)
December 1 st -	U9 Team Parties (Schedule TBD)

Training Times:

***U7/U8 – 6 pm to 715 pm
at Pole Green Park***

***U9 – 6 pm to 730 pm at
Pole Green Park***



Spring Season 2020

November 15 th -	Registration Begins
February 23 rd -	Deadline for Registration
March 1 st -	Meet the Coach Day at The DISC: U7s- 1pm, U8s- 2:15pm, U9s- 3:45pm
March 2 nd & 6 th -	Training Sessions
March 7 th -	NO GAMES
March 8 th -	Dick's Sporting Goods Appreciation Day
March 9 th & 13 th -	Training Sessions
March 14 th -	NO GAMES: St. Patrick's Day Weekend (Virginia Center Commons location)
March 16 th & 20 th -	Training Sessions
March 21 st	Game Day: Schedules on www.dynamoindoor.com
March 23 rd & 27 th -	Training Sessions
March 28 th	Game Day: Schedules on www.dynamoindoor.com
March 30 th & April 3 rd -	Training Sessions
April 4 th -	Game Day: Schedules on www.dynamoindoor.com
April 6 th & 10 th -	Spring Break: NO TRAINING
April 11 th -	NO GAMES – Easter Weekend
April 13 th & 17 th -	Training Sessions
April 18 th	Game Day: Schedules on www.dynamoindoor.com
April 20 th & 24 th -	Training Sessions
April 25 th -	Game Day: See Schedules at www.dynamoindoor.com
April 27 th & May 1 st -	Training Sessions
May 2 nd -	Game Day: Schedules at www.dynamoindoor.com
May 4 th & 8 th -	Training Sessions
May 9 th -	Game Day: Schedules at www.dynamoindoor.com
May 11 th & 15 th -	Training Sessions
May 16 th -	Game Day: <u>Last day</u> for U7/U8's Schedules at www.dynamoindoor.com
May 17 th -	Roma Italian: U7/U8 Team Parties
May 18 th & 22 nd -	Training Sessions: U9's Only
May 23 rd -	NO GAMES: Memorial Day Weekend
May 25 th & 29 th -	No training Monday: Memorial Day. Friday Training Session: U9's Only
May 30 th & 31 st -	Sun Cup Tournament: U9's Only (Schedule TBD)
June 6 th -	Roma Italian: U9 Team Parties (Schedule TBD)

Training Times:

***U7/U8 – 6 pm to 7:15 pm
at Pole Green Park***

***U9 – 6 pm to 7:30 pm at
Pole Green Park***