

Dynamo Soccer Club Concussion Policy

Established and Implemented Spring 2016

This Concussion Policy sets in place a standard operating procedure for the managing and monitoring of concussion injuries of Dynamo Soccer Club players.

Goals

The goal of this Concussion Policy are as follows:

1. Help protect the players of Dynamo Soccer Club through proper monitoring of head impacts during practices and games.
2. Increase coaching and staff education regarding concussion identification, treatment, and prevention.

Education

- Dynamo Soccer Club will hold annual coach, team manager, and parent meetings for every level of play, to introduce the Concussion Policy, educate about concussion recognition and return to play protocol.
- Each coach and team manager participating within Dynamo Soccer Club will submit a signed statement that they have read and understand the Concussion Policy and are familiar with and knowledgeable of the CDC Concussion Symptoms Checklist.
- Every recreational level parent will be required to acknowledge that they are aware of and prepared to abide by the Concussion Policy.
- All coach's (head and assistant) participating within Dynamo Soccer Club will be advised to download the Concussion Recognition & Response phone application.
- All competitive team managers and parents participating within Dynamo Soccer Club will be advised to download the Concussion Recognition & Response phone application.
- Beginning Spring 2016 all Travel Coaches will be required to submit a certificate of completion of the "Heads-Up Online Concussion Course" to the Director of Coaching.
- Dynamo Soccer Club will begin the development of a Concussion Awareness page on it's website for players, parents and coaches.

Implementation

- Beginning Fall 2017 all Travel level players must submit to a Pre-Concussion test provided and paid for by Dynamo Soccer Club. The results of these tests will be returned to the parents of the player and also kept on file within the Dynamo Soccer Club office. These tests will be repeated every 2 years.
- Coaches will remove any player from play who expresses symptoms of having sustained a concussion based on the CDC Concussion Symptoms Checklist.
- Any players removed from play may not re-enter games or practices until player is evaluated by a coach, parent or team manager utilizing the Concussion Recognition & Response phone

application or CDC Concussion Symptoms Checklist and said evaluation determines that the athlete has NOT sustained a concussion.

- Any players removed from play having sustained a bump, blow or jolt to the head, resulting in the reporting of concussion symptoms may not participate in any way for the remainder of the day or until they are evaluated by a coach, parent or team manager utilizing the Concussion Recognition & Response phone application or CDC Concussion Symptoms Checklist and said evaluation determines that the athlete has NOT sustained a concussion.
- When emergency care is needed in the absence of the parent or guardian the coach/manager shall call 911 and have the player taken to the Emergency Room.
- In any situation, a parent or guardian may elect to remove their child from activity, if the parent is concerned about a head injury and/or potential concussion.
- Team coaches and/or managers will report any real or suspected head injury to the Director of Coaching and/or the parent of the child.

Returning to Play

- Once a player has been removed from play due to a diagnosed concussion by the Concussion Recognition and Response phone application and/or the CDC Concussion Symptoms Checklist, the player may not re-enter athletic participation until a medical clearance is issued in writing to the Director of Coaching or Dynamo Soccer Club office.
- Once a player is cleared to “Return to Play”, they will be reintroduced to activities in a gradual manor.
- Parental and/or Coaches consent are not acceptable for return to play.